



PSHE / RSE

Rotation A

3 Class Scenario (2021/22)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
<b>YR/1</b>	<p><b>Family &amp; Relationships</b></p> <ul style="list-style-type: none"> <li>• Introduction to RSE</li> <li>• What is family?</li> <li>• What are friendships?</li> <li>• Family and friends help support each other</li> <li>• Making friendships</li> </ul> <p><b>Health and well-being</b></p> <ul style="list-style-type: none"> <li>• Wonderful me</li> <li>• What am I like?</li> <li>• Ready for bed</li> <li>• Relaxation</li> <li>• Hand washing &amp; personal hygiene</li> </ul>		<p><b>Citizenship:</b></p> <p><b>Responsibility:</b></p> <ul style="list-style-type: none"> <li>• Rules</li> <li>• Caring for others- animals</li> <li>• The needs of others</li> </ul> <p><b>Community:</b></p> <ul style="list-style-type: none"> <li>• Similar, yet different</li> <li>• Belonging</li> </ul> <p><b>Democracy</b></p> <ul style="list-style-type: none"> <li>• Democratic decisions</li> </ul> <p><b>Health and well-being</b></p> <ul style="list-style-type: none"> <li>• Go over hand washing &amp; personal hygiene</li> </ul> <p><b>Economic well-being</b></p> <ul style="list-style-type: none"> <li>• Introduction of money (link to Maths)</li> <li>• Looking after money</li> <li>• Banks and building societies</li> <li>• Saving and spending</li> </ul>		<p><b>Safety and the changing body</b></p> <ul style="list-style-type: none"> <li>• Getting lost</li> <li>• Making a call to the emergency services</li> <li>• Asking for help</li> <li>• Appropriate contact</li> <li>• Medication</li> <li>• Safety at home</li> <li>• People who help keep us safe</li> </ul> <p><b>Health and well-being</b></p> <ul style="list-style-type: none"> <li>• Sun safety</li> <li>• Allergies</li> <li>• People who help us stay healthy</li> </ul> <p><b>Economic Well-being</b></p> <p><b>Career and aspirations</b></p> <ul style="list-style-type: none"> <li>• Jobs in schools</li> </ul> <p><b>Transition</b></p> <p><u>All year groups</u></p> <p>Recap key areas of learning</p> <p>Prepare for the next class / year group / key stage</p>		
<b>Y2/3/4</b>	<p><b>Family and Relationships</b></p> <p><u>Year 2</u></p> <ul style="list-style-type: none"> <li>• Introduction to RSE</li> <li>• Families offer stability and love</li> <li>• Families are all different</li> <li>• Managing friendships</li> <li>• Unhappy friendships</li> <li>• Valuing me</li> <li>• Manners &amp; courtesy</li> <li>• Loss and change</li> </ul>	<p><b>Health and Wellbeing</b></p> <p><u>Year 2</u></p> <ul style="list-style-type: none"> <li>• Experiencing different emotions</li> <li>• Being active</li> <li>• Relaxation</li> <li>• Steps to success</li> <li>• Growth mindset</li> <li>• Healthy diet</li> <li>• Dental health</li> </ul> <p><u>Year 3 / 4</u></p> <ul style="list-style-type: none"> <li>• My healthy diary</li> <li>• Relaxation</li> </ul>	<p><b>Citizenship</b></p> <p><u>Year 2</u></p> <p><i>Responsibility</i></p> <ul style="list-style-type: none"> <li>• Rules beyond school</li> <li>• Our school environment</li> <li>• Our local environment</li> </ul> <p><i>Community</i></p> <ul style="list-style-type: none"> <li>• Job roles in our local community</li> </ul> <p>• Similar yet different:</p> <p>My local community</p> <p><i>Democracy</i></p>	<p><b>Economic Wellbeing</b></p> <p><u>Year 2</u></p> <p><i>Money</i></p> <ul style="list-style-type: none"> <li>• Where money comes from</li> <li>• Needs and wants •</li> <li>Wants and needs •</li> <li>Looking after money</li> </ul> <p><i>Career and aspirations</i></p> <ul style="list-style-type: none"> <li>• Jobs</li> </ul> <p><u>Year 3 / 4</u></p> <p><i>Money</i></p> <ul style="list-style-type: none"> <li>• Ways of paying</li> </ul>	<p><b>Safety and the Changing Body</b></p> <p><u>Year 2</u></p> <ul style="list-style-type: none"> <li>• The Internet</li> <li>• Communicating online</li> <li>• Secrets and surprises</li> <li>• Appropriate contact</li> <li>• Road safety</li> <li>• Drug education</li> </ul> <p><u>Year 3 / 4</u></p> <ul style="list-style-type: none"> <li>• Online restrictions •</li> <li>Share aware</li> <li>• Basic first aid</li> </ul>	<p><b>Transition</b></p> <p><u>All year groups</u></p> <p>Recap key areas of learning</p> <p>Prepare for the next class / year group / key stage</p>	

	<u>Year 3 / 4</u> <ul style="list-style-type: none"> <li>• Introduction to RSE</li> <li>• Healthy families</li> <li>• Friendships - conflict</li> <li>• Effective communication</li> <li>• Learning who to trust</li> <li>• Respecting differences</li> <li>• Stereotyping</li> </ul>	<ul style="list-style-type: none"> <li>• Who am I?</li> <li>• My superpowers</li> <li>• Breaking down barriers</li> <li>• Dental health</li> </ul>	<ul style="list-style-type: none"> <li>• School Council</li> <li>• Giving my opinion</li> </ul> <u>Year 3 / 4</u> <p><i>Responsibility</i></p> <ul style="list-style-type: none"> <li>• What are human rights?</li> <li>• Caring for the environment</li> </ul> <p><i>Community</i></p> <ul style="list-style-type: none"> <li>• Community groups</li> <li>• Contributing</li> <li>• Diverse communities</li> </ul> <p><i>Democracy</i></p> <ul style="list-style-type: none"> <li>• Local councillors</li> </ul>	<ul style="list-style-type: none"> <li>• Budgeting</li> <li>• How spending affects others</li> <li>• Impact of spending</li> </ul> <p><i>Career and aspirations</i></p> <ul style="list-style-type: none"> <li>• Jobs and careers</li> <li>• Gender and careers</li> </ul>	<ul style="list-style-type: none"> <li>• Privacy and secrecy</li> <li>• Consuming information online</li> <li>• The changing adolescent body (puberty)</li> </ul>	
<b>Y5/6</b>	<b>Family and Relationships</b> <ul style="list-style-type: none"> <li>• Introduction to RSE</li> <li>• Build a friend</li> <li>• Resolving conflict</li> <li>• Respecting myself</li> <li>• Family life</li> <li>• Bullying</li> </ul>	<b>Health and Wellbeing</b> <ul style="list-style-type: none"> <li>• Relaxation</li> <li>• The importance of rest</li> <li>• Embracing failure •</li> <li>• Going for goals</li> <li>• Taking responsibility for my feelings</li> <li>• Healthy meals</li> </ul>	<b>Citizenship</b> <p><i>Responsibility</i></p> <ul style="list-style-type: none"> <li>• Human rights</li> <li>• Food choices and the environment</li> <li>• Caring for others</li> </ul> <p><i>Community</i></p> <ul style="list-style-type: none"> <li>• Prejudice and discrimination</li> <li>• Valuing diversity</li> </ul> <p><i>Democracy</i></p> <ul style="list-style-type: none"> <li>• National democracy</li> </ul>	<b>Economic Wellbeing</b> <p><i>Money</i></p> <ul style="list-style-type: none"> <li>• Borrowing</li> <li>• Income and expenditure</li> <li>• Risks with money •</li> </ul> <p>Prioritising spending</p> <p><i>Career and aspirations</i></p> <ul style="list-style-type: none"> <li>• Stereotypes in the workplace</li> </ul>	<b>Safety and the Changing Body</b> <ul style="list-style-type: none"> <li>• Drugs alcohol &amp; tobacco</li> <li>• First aid</li> <li>• Critical digital consumers</li> <li>• Social media</li> <li>• The changing adolescent body (puberty, conception, birth)</li> </ul> <b>Health and Wellbeing</b> <ul style="list-style-type: none"> <li>• Sun safety</li> </ul>	<b>Transition and Identity</b> <p><u>All year groups</u></p> <p>Recap key areas of learning</p> <p>Prepare for the next class / year group / key stage</p> <p><u>Y6</u></p> <ul style="list-style-type: none"> <li>• What is identity</li> <li>• Gender identity</li> <li>• Identity and body image</li> </ul>